



The 5 Traits for High Performing Managers

This flagship programme for people managers takes the proven success traits of Olympic athletes and translates them into enduring principles that are highly applicable in the workplace. This unique insight into the drivers of high performance, when consistently applied, will bring lasting team and business results.

By incorporating our 5 Olympic Performance Traits into existing management theory, we make the content of this programme easily accessible and memorable, leading to a sustained performance improvement within the managers who attend.

This workshop will enable managers to think creatively about what high performance looks like and take ownership of the team environment. They will leave with a plan and the tools to engage the team in driving sustained success.

Duration:

2 days

Group Size:

10 - 16 people

As a result of this programme managers will:

- Apply the 5 Olympic Performance Traits to team management
- Understand how to build a highly effective team performance and culture.
- Appreciate the importance and impact of a clear team vision
- Create clarity and alignment to increase team effectiveness
- Increase their ability to engender passion and motivation in others

This interactive and pragmatic workshop includes:

- The 5 Olympic Performance Traits applied to great management
- Team effectiveness questionnaire based on the 5 traits
- Develop a philosophy of team leadership
- Current models of team and management best practice
- A team development plan with the models and tools for implementation

What makes BackleyBlack workshops different is our ability to embed the principles of Olympic excellence within highly engaging, business focused development.

This unique design coupled with an interactive and pragmatic approach means that you can expect a far higher level of motivation and skill transfer, and in turn gain a greater level of performance in the workplace.



BackleyBlack

Olympic performance in the workplace

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Discover how we can bring
'Olympic Performance'
into your workplace.

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